



## 2001 – 4th Quarter Newsletter

The Western North Carolina Dulcimer Collective is a member-supported group of players of mountain and hammered dulcimers, and those who enjoy listening to dulcimers and/or playing other traditional instruments with them. The group meets once per month to share tunes and information. Dues are \$5.00 per year payable to *WNCDC* – Mail checks to Carl Cochrane, 12 Pheasant Dr, Asheville, NC 28803.

### THIS QUARTER'S TUNES

I really didn't plan to repeat what I did last quarter, but this quarter's monthly tunes are also all from a "Library Discard" book for kids. This book, called "*Music Across Our Country*" was published in 1956 and used in schools.

The book says our October tune "Sarasponda" is a Dutch tune which imitates the steady movement of spinning.

The tune for November is a Czechoslovakian folk song, "Annie Went Down to the Cabbage Patch." They say "the eighth notes go with a feeling of smooth running, and the quarter notes are like walking. When the song is very familiar, see if you can run with the running notes and walk with the notes that walk." (Does anybody want to try that with their dulcimer?)

The December tune is "Heeia" – a stick dance from Hawaii, composed for the festive visits of King Kalakaua. Maybe we can ask our new member Leilani Roberts whether she knows the tune!

"The Seven Blessings of Mary" is our Christmas tune, from "*Folksongs of North America*" by Alan Lomax. It's a fifteenth century English carol which was collected in the Blue Ridge and Smokey Mountains in the early 1900's.

### SONG REVIEW SCHEDULE

OCTOBER 14:	Pap's Old Billy Goat	(1 <sup>st</sup> Quarter, 1996)
	Poland Will Not Be Lost	(3 <sup>rd</sup> Quarter, 1999)
	Poor Working Girl	(2 <sup>nd</sup> Quarter, 1998)
NOVEMBER 11:	Romanze	(1 <sup>st</sup> Quarter, 1998)
	Suo Gam	(4 <sup>th</sup> Quarter, 1994)
	Willie O' Winsbury	(1 <sup>st</sup> Quarter, 1997)
DECEMBER 9:	Infant Holy	(4 <sup>th</sup> Quarter, 1993)
	Cold Is The Morning	(4 <sup>th</sup> Quarter, 1996)
	Jasmine Flower	(1 <sup>st</sup> Quarter, 1998)

*(The first three songs are from "Music Across our Country", Edited by Max Krone, Chicago, IL: Follett Publishing, 1956. The fourth is from "Folksongs of North America" by Alan Lomax, Garden City, NY: Doubleday & Company, 1960. )*

## Sarasponda

Sarasponda, sarasponda,  
sarasponda, ret-set-set.  
Sarasponda, sarasponda,  
sarasponda, ret-set-set.  
Ah do ray oh!  
Ah do-ra boom-day oh!  
Ah do-ra boom-day ret-set-set,  
Aw-say paw-say oh!

*("This lively Dutch song imitates the steady movement of spinning. Sarasponda may mean 'Sara spun it.'")*

## Annie Went Down to the Cabbage Patch

1. To the garden Annie went,  
Annie went, Annie went,  
Cutting cabbage her intent,  
Her intention.  
Joey followed mischief bound,  
Satmp'd her basket in the ground.  
"Oh! Oh! Oh! Naughty Joe!  
Pay for this before you go."
2. "You will get no pay from me,  
Not from me, not from me;  
Rather I'd a soldier be,  
Soldier become."  
"Don't be such a spiteful lad,  
That would make your parents sad.  
No! No! No! Naughty Joe!  
Pay for this before you go."

*("There are many Czech-Americans in the Midwest. This is one of their favorite folk songs.")*

## Heeia

1. On the beach at Heeia  
When the surf rolls in to shore,  
E-i-a-e, E-e-a-e,  
On the beach at Heeia  
When the surf rolls in to shore.  
E-i-a-e, E-e-a-e.

2. Though the waves may take me  
out to sea,  
The surf will bring me home,  
E-i-a-e, E-e-a-e,  
Though the waves may take me  
out to sea,  
The surf will bring me home,  
E-i-a-e, E-e-a-e.

*("This lovely song comes the island of Hawaii. It was composed for the festive visits of King Kalakaua. 'Heeia' is pronounced 'Hay-ay-ee-ah.' 'E-i-a-e' is pronounced 'Ay-ee-ah-ay.'")*

## The Seven Blessings of Mary

1. The very first blessing that Mary had,  
It was the blessing of one,  
To know that her son, Jesus,  
Was God's only Son,  
Was God's only Son

### Chorus

Come all ye to the wilderness,  
Glory, glory be,  
Father, Son and Holy Ghost,  
Through all eternity.

2. The second blessing that Mary had,  
It was the blessing of two,  
To know that her son, Jesus,  
Could read the Bible through.
3. The very next blessing that Mary had,  
It was the blessing of three,  
To know that her son, Jesus,  
Could make the blind to see.
4. The very next blessing that Mary had,  
It was the blessing of four,  
To know that her son, Jesus,  
Would live to help the poor.
5. The very next blessing that Mary had,  
It was the blessing of five,  
To know that her son, Jesus,  
Could bring the dead alive.
6. Mary counted her blessings,  
She counted them one by one,  
She found that her greatest blessing,  
Was her Godly son.
7. The very last blessing that Mary had,  
It was the blessing of seven,  
To know that her son, Jesus,  
Was safe at last in Heaven.

# Sarasponda

Mountain Dulcimer: D-A-dd and D-A-AA  
With light fast movement

Dutch Spinning Song  
M.D. Arr: Steve Smith

		D								A7				D
		spon-da, sa- ra- spon-da, sa- ra-								spon-da, ret- set- set.				
Notes	D F#	A A A B A G F# G	A G F# E D -											
D	0 0	0 0 0 0 0 0 0 0	1 1 1 1 0											
A	0 0	0 0 0 0 0 0 0 0	0 0 0 0 0											
dd	0 2	4 4 4 5 4 3 2 3	4 3 2 1 0 -											
D	0 0	0 0 0 0 0 0 0 0	4 4 4 4 0											
A	0 0	0 0 0 0 0 0 0 0	0 0 0 0 0											
AA	3 5	7 7 7 8 7 6 5 6	7 6 5 4 3 -											

		D								A7				D
		spon-da, sa- ra- spon-da, sa- ra-								spon-da, ret- set- set.				
Notes	D F#	A A A B A G F# G	A G F# E D -											
D	0 0	0 0 0 0 0 0 0 0	1 1 1 1 0											
A	0 0	0 0 0 0 0 0 0 0	0 0 0 0 0											
dd	0 2	4 4 4 5 4 3 2 3	4 3 2 1 0 -											
D	0 0	0 0 0 0 0 0 0 0	4 4 4 4 0											
A	0 0	0 0 0 0 0 0 0 0	0 0 0 0 0											
AA	3 5	7 7 7 8 7 6 5 6	7 6 5 4 3 -											

		G		D				G		D		
		Ah do ray oh!		do- ra boom-day oh!								
Notes	D	D - - B A - - D	D D D B A -									
D	0	5 5 0	5 5 5 5 0									
A	0	6 6 0	6 6 6 6 0									
dd	- 0	7 - - 5 4 - - 0	7 7 7 5 4 -									
D	0	0 0 0	0 0 0 0 0									
A	0	6 6 5 0	6 6 6 6 5									
AA	- 3	10 - - 8 7 - - 3	10 10 10 8 7 -									

		A7				D			A7		D		
		do- ra boom-day ret- set- set,				Aw- say paw-say oh!							
Notes	D	G G E E F# G A -	E G F# E D -										
D	0	1 1 1 1 0 0 0	1 1 1 1 0										
A	0	0 0 0 0 0 0 0	0 0 0 0 0										
dd	- 2	3 3 1 1 2 3 4 -	1 3 2 1 0 -										
D	0	4 4 4 4 0 0 0	4 4 4 4 0										
A	0	0 0 0 0 0 0 0	0 0 0 0 0										
AA	- 5	6 6 4 4 5 6 7 -	4 6 5 4 3 -										

# Annie Went Down To The Cabbage Patch

Mountain Dulcimer: D-A-dd and D-A-AA  
With quick movement

Czechoslovakian Folksong  
M.D. Arr: Steve Smith

	D				A7				D							
	To the gar- den				An- nie went,				An- nie went,				An- nie went,			
Notes	F#	F#	F#	F#	F#	G	A	-	B	A	G	-	A	G	F#	-
D	0	0	0	0	0	0	0		0	0	0		0	0	0	
A	0	0	0	0	0	0	0		2	2	2		3	3	3	
dd	2	2	2	2	2	3	4	-	5	4	3	-	4	3	2	-
D	0	0	0	0	0	0	0		0	0	0		0	0	0	
A	0	0	0	0	0	0	0		6	6	4		0	0	0	
AA	5	5	5	5	5	6	7	-	8	7	6	-	7	6	5	-

	D				G			A7		D						
	Cut- ting cab- bage				her in- tent,			her in- ten-		tion.						
	F#	F#	F#	F#	F#	G	A	-	B	A	G	-	F#	-	-	-
D	0	0	0	0	0	0	0		3	3	1		0			
A	0	0	0	0	0	0	0		3	3	0		0			
dd	2	2	2	2	2	3	4	-	5	4	3	-	2	-	-	-
D	0	0	0	0	0	0	0		0	0	4		0			
A	0	0	0	0	0	0	0		6	6	0		0			
AA	5	5	5	5	5	6	7	-	8	7	6	-	5	-	-	-

	D				A7			A7				D				
	Jo- ey fol- lowed				mis- chief bound,			Stamp'd her bas- ket				in the ground.				
	A	A	B	A	E	E	E	-	A	A	B	A	F#	F#	F#	-
D	0	0	0	0	1	1	1		4	4	4	4	0	0	0	
A	0	0	0	0	0	0	0		4	4	4	4	0	0	0	
dd	4	4	5	4	1	1	1	-	4	4	5	4	2	2	2	-
D	0	0	0	0	4	4	4		4	4	4	4	0	0	0	
A	0	0	0	0	0	0	0		0	0	0	0	0	0	0	
AA	7	7	8	7	4	4	4	-	7	7	8	7	5	5	5	-

	Bm			G			A7				D					
	"Oh! Oh! Oh!			Naugh- ty Joe!			Pay for this be-				fore you go."					
	D	D	D	-	B	B	B	-	A	G	F#	E	D	D	D	-
D	5	5	5		3	3	3		1	1	1	1	0	0	0	
A	5	5	5		3	3	3		0	0	0	0	0	0	0	
dd	7	7	7	-	5	5	5	-	4	3	2	1	0	0	0	-
D	9	9	9		5	5	5		4	4	4	4	0	0	0	
A	8	8	8		6	6	6		0	0	0	0	0	0	0	
AA	10	10	10	-	8	8	8	-	7	6	5	4	3	3	3	-



# The Seven Blessings of Mary

Mountain Dulcimer: D-A-dd and D-A-AA

15th Century Carol  
M.D. Arr: Steve Smith

Joyously

D

# # 2/4	A -	D D D -	F#F# G -	A - A -	A - - A	D - - D	F#F# G -
Notes	A -	D D D -	F#F# G -	A - A -	A - - A	D - - D	F#F# G -
D	0	0 0 0	0 0 0	0 0	0 0	0 0	0 0 0
A	0	0 0 0	0 0 0	0 0	0 0	0 0	0 0 0
dd	4 -	0 0 0 -	2 2 3 -	4 - 4 -	4 - - 4	0 - - 0	2 2 3 -
D	0	0 0 0	0 0 0	0 0	0 0	0 0	0 0 0
A	0	0 0 0	3 3 4	5 5	5 5	0 0	3 3 4
AA	7 -	3 3 3 -	5 5 6 -	7 - 7 -	7 - - 7	3 - - 3	5 5 6 -

A7	D	A7	D	A7
A - - -	- - A -	D - D -	F#- A -	F#- - -
1	1	0 0	0 0	0
2	2	0 0	0 0	0
4 - - -	- - 4 -	0 - 0 -	2 - 4 -	2 - - -
4	4	0 0	0 0	4
4	4	0 0	3 5	0
7 - - -	- - 7 -	3 - 3 -	5 - 7 -	5 - - -
				4 - - -
				3 - 3 -
				5 - 6 -
				7 - - -

G	D	CHORUS			A7
B- B-	G- B-	D - - -	- - - -	AA - -	A- BB
3 3	3 3	0		00	0 00
3 3	3 3	5		00	0 00
5 - 5 -	3 - 5 -	7 - - -	- - - -	4 4 - -	4 - 5 5
0 0	0 0	0		00	0 00
6 6	3 6	7		00	0 00
8 - 8 -	6 - 8 -	10 - - -	- - - -	7 7 - -	7 - 8 8
					7 - 5 -
					3 - - -
					4 - 5 -
					6 - 4 -

D	G	D	A7	D
F#- - -	- - - -	D- F# -	AB- A	D - B -
0		0 0	00 0	5 5
0		0 0	00 0	6 6
2 - - -	- - - -	0 - 2 -	4 5 - 4	7 - 5 -
0		0 0	00 0	0 0
3		0 3	5 5 5	6 6
5 - - -	- - - -	3 - 5 -	7 8 - 7	10 - 8 -
				7 - 6 -
				5 - 6 -
				5 - 4 -
				3 - - -
				- -

## MEETING DATES

October 14, 2001 - Regular Meeting  
November 11, 2001 - Regular Meeting  
December 9, 2001 - Regular Meeting

## MEETING LOCATION/TIME

Second Sunday of each month from 2:30-5:00 at  
The Folk Art Center Upstairs Gallery, Blue Ridge Parkway, Asheville

The Folk Art Center is located on the Blue Ridge Parkway at Milepost 382, about 1/2 mile North of US 70, just East of Asheville. Take I-40 Exit 55 to Highway 70, then left to the Parkway, or take I-240 Exit 7 and go East on Highway 70 to the Parkway. The Club meets in the upstairs gallery, across from the top of the ramp as you enter the Folk Art Center.

Handicapped Access is available: From Highway 70, go West from the Parkway just past the VA Medical Center to Riceville Road. Go to the Folk Art Center Service Entrance. A ramp leads to a second floor entrance next to where we set up.



Western North Carolina  
Dulcimer Collective  
c/o Steve Smith  
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East Flat Rock, NC 28726